



Self Report to the Mental Health Review Tribunal

Mental Health Act 2016

Form: F-15-v2

Your treating team will prepare a clinical report for your Mental Health Review Tribunal hearing BUT the Tribunal would also like to know your views. You may use this form to help you prepare a report for your Tribunal hearing. The Tribunal will use this information in making their decision. You may post, fax or email this to the Tribunal, or bring it with you to your hearing. You can send this report to the Tribunal even if you do not want to attend your hearing in person. You can give information to the Tribunal in other ways such as a letter, or by talking to the Tribunal at your hearing.

Your details

Given name/s	Family name
Date of birth	

Below are some suggestions of what you might like to write about

- Your treating team believe that you have a mental illness. What do you think?
- Do you think you can make your own decisions regarding your mental health care?
- If your current mental health care treatment stopped, how do you think this would affect your health and wellbeing?
- Do you think that by not receiving treatment you may be at risk of harm to yourself or to other people?
- Do you have people in your life that provide support to you? Who are they and what are the ways they support you?



- If the treating team believe you do not have the capacity to make your own decisions, is there someone who could consent to treatment on your behalf?
- What do you do to maintain good mental health?
- How do you spend your time (e.g. paid or voluntary work, studying, sports, family time, hobbies, activities, interests)?
- How do you deal with stress, particularly if it impacts your mental health?
- What do you think about the treatment you are receiving? Do you discuss your views, wishes and preferences about your treatment with your doctor?
- Is there anything in your doctor's report that you would like to discuss or disagree with?
- Is there anything else you think is relevant for the Tribunal to consider?

Please sign your report:

Signature	Date
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Thank you for completing this report. Please return it to the Tribunal by one of the following methods:

Post to: MHRT, PO Box 15818, City East, Brisbane, QLD, 4002
 Fax to: 07 3234 1540
 Email to: enquiry@mhrt.qld.gov.au
 OR bring this form with you to your hearing